



EMBRACE SCHOOL PROGRAM GUIDE

Embrace Arts Foundation is an organization devoted to creating meaningful artistic opportunities for individuals of all abilities.



Stories Unfold

Stories Unfold is a program that has been developed to immerse elementary students into the story. We use a wide variety of music, movement, and drama activities to provide students the chance explore the narrative and practice their retelling skills using non-verbal forms of communication.

In our multi - day programs oral story telling and visual art become additional techniques students will utilize. Age appropriate picture books serve as a base for all of our adventures. This program is the perfect opportunity for students to creatively interact with text, regardless of reading level.

1, 3, or 5 session programs are available.

Adapted Dance

Our adapted dance classes are designed to get students moving! This program focuses on finding the joy in movement, building physical literacy, and fostering positive peer connections. Depending on the group, this could look like movement and music based games, sampling more conventional studio styles like jazz, hip hop, and musical theatre, or a combination of the two modalities.

This program is designed for students of any physical or cognitive ability who thrive in an adaptive setting. Adapted dance sessions are available for elementary, middle school, and high school. 45 min or 1 hour long sessions are available.

Mixed Ability Dance

These classes are designed to provide an opportunity for students to explore their own movement by way of structured improvisations. Students of all abilities will be guided through different movement activities to tap into their creativity and explore their unique physical capabilities.

This program is designed students of all physical or cognitive ability who are interested in exploring their dance practice. Mixed ability dance sessions are only available for middle school, and high school performing arts focussed classes. 45 min or 1 hour long sessions are available.



Facilitators

Tiffany Tjosvold (BEd, BFA)

*Executive Director,
Dance & Drama Facilitator*

Tiffany is the founder of Embrace. She's a BC certified school teacher, a mixed ability dance facilitator and an applied theatre practitioner. She is also an actively working director and choreographer making new shows in the CRD.

Erin Koop (BMT, MTA)

*Director of Music Programming,
Music Facilitator for Stories Unfold*

Erin is Embrace's Director of Music Programming. When not working with Embrace, she is an independent music therapist providing creative and empowering music therapy programming for people of all ages and abilities.

Pricing Information

Stories Unfold

Stories Unfold features both Tiffany & Erin at each session. Up to two classes or 50 students are able to attend a session.

	Hourly Rate	Daily Rate
Single Session	\$100	\$500
Multi Session: Three Day	\$300	\$1500
Multi Session: Five Day	\$500	\$2500

Adapted or Mixed Ability Dance

Dance sessions are facilitated by Tiffany. Contact Tiffany to further discuss group sizes and weekly group availability.

	45 Min Session	60 Min Session
Dance Session	\$55	\$75

For more information get in touch with Tiffany at
embrace.arts.victoria@gmail.com or go to embracearts.org

We can't wait to explore and create with you!



EMBRACE